

Amesbury

Men's Wellbeing in Nature

Free Taster Session

Experience nature, meet the team, and discover how spending time outdoors can support men's wellbeing.

Perfect for:

- ~ Anyone considering joining the programme
- ~ Referral partners and organisations



Date: Monday 7 September

Time: 2pm-4pm

Location: Langford Lakes Nature Reserve,
near Salisbury, SP3 4NH

For more info and to book a space contact ~

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Wiltshire
Wildlife Trust

Working in partnership with

Wiltshire Council